



SUNRISE VIDYALAYA

GODADARA BRANCH - ENGLISH & GUJARATI MEDIUM - 2023-24

MARCH							2024	
SUN	MON	TUE	WED	THU	FRI	SAT		
							1	2
3	4	5	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22	23		
24	25	26	27	28	29	30		
31								

MONTHLY SCHEDULE

| aCTivitiES |





March Monthly Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31					01	02
03	04	05	06	07 Maha Shivratri Activity	08 Maha Shivratri (Holiday)	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23 Fun Fair
24	25 Dhuleti (Holiday)	26	27	28	29 Good Friday (Holiday)	30

“Let your dream fly like a Kite and see where it’ll take you.”



March Monthly Schedule

DATE/DAY	STD	ACTIVITY	NOTE
07/03/2024 Thursday	Nur. to 2nd	Maha Shivratri	Students have to come in dress of Lord Shiva & Goddess Parvati.
	3rd to 5th		Students have to draw Shivling on drawing sheet & decorate it.
	6th to 8th		Students have to prepare Shivling from clay.



Om Namah Shivaya

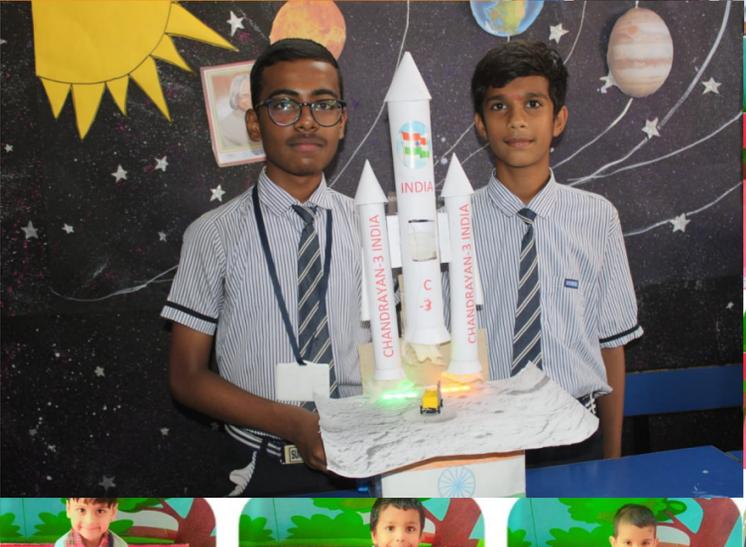
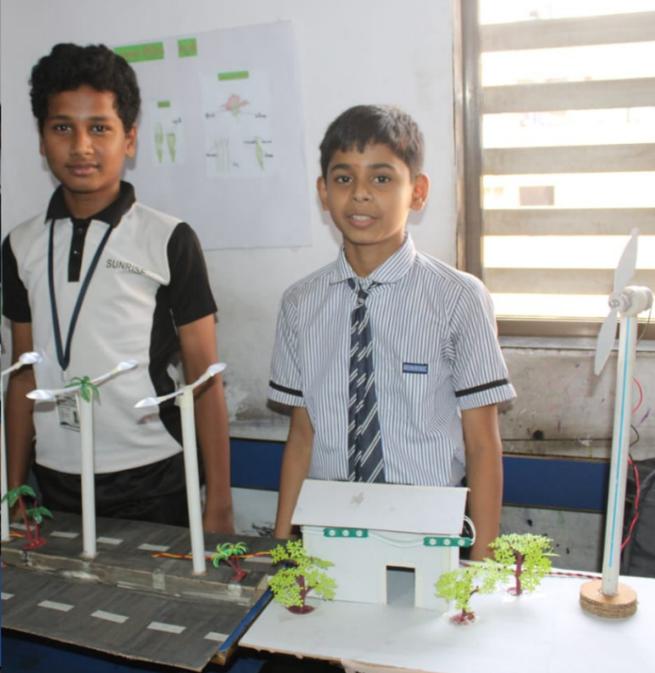
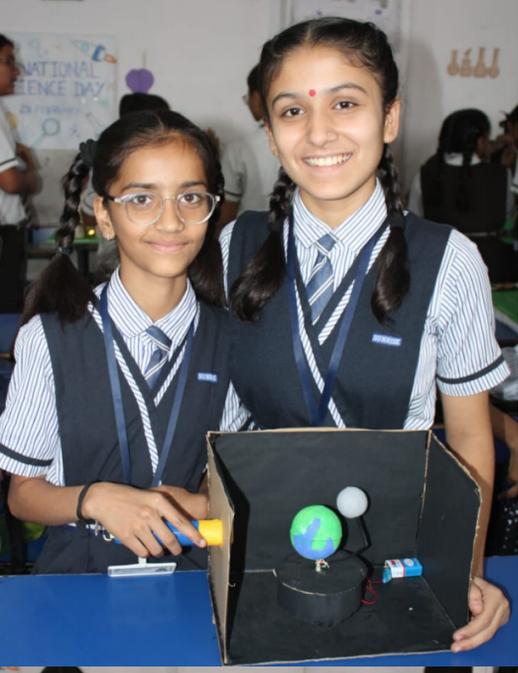
SUNRISE TIMES



ACADEMIC | SCHEDULE | ACTIVITIES

February activities at a glance





March important days blog post

Remembering important dates month by month might help you prepare for numerous trials and increase your knowledge. Understanding the significance of the below-mentioned Important Days in February will inspire you to participate and make a difference in society.

March 03

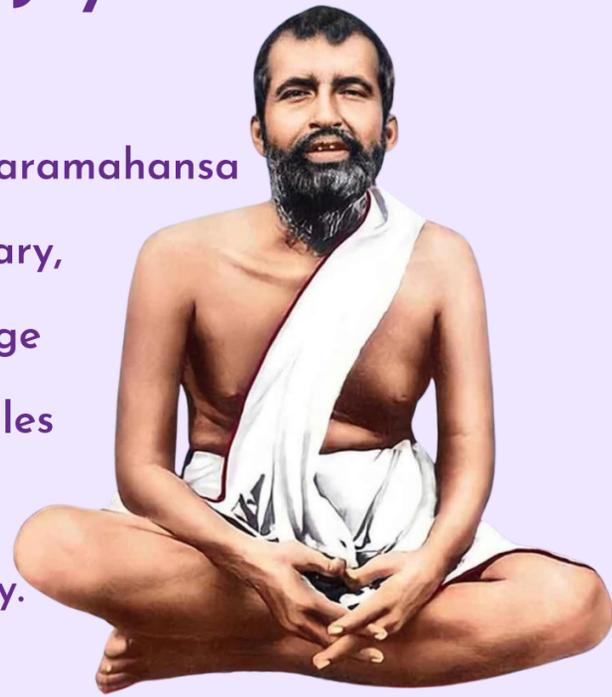
World Wildlife Day

As per the data from the International Union for Conservation of Nature (IUCN) Red List of Threatened Species, over 8400 species of wild fauna and flora are critically endangered. Close to 30,000 more are understood to be endangered or vulnerable. Based on this estimation, it is said that over a million species are threatened with extinction. World Wildlife Day is celebrated on 3 March to draw attention towards the conservation of the most critically endangered species, to support the restoration of their habitats, and ecosystems. Also, the day promotes their sustainable use by humanity.

March 04

Ramakrishna Paramahansa Jayanti

Shri Ramakrishna Paramahansa was born on 18 February, 1836 in the small village Kamarpukur, some miles away from Kolkata in a poor Brahmin family.



His childhood name was Gadadhar and was loved by the villagers. He is perhaps known as the best saint of nineteenth century. He was an ultimate mystic and a true yogi. He was a worshipper of goddess Kali and also believed to be a modern-day incarnation of Lord Vishnu but he never claimed about it. In the revival of Hinduism in Bengal he became a main figure as at that time Bengal was witnessing an intense spiritual crisis and severe downfall of Humanism. His preaching's attracted the atheist Swami Vivekananda who became a devoted disciple. Let us study more about Ramakrishna Paramahansa, his philosophy, mission etc. through this article.

March 08

International Women's Day

Ibbppt is a day when women are recognized for their achievements without regard to divisions, whether national, ethnic, linguistic, cultural, economic, or political.

It is an occasion for looking back on past struggles and accomplishments, and more importantly, for looking ahead to the untapped potential and opportunities that await future generations of women.

March 09

No Smoking Day

Smoking causes various diseases and nearly harms every organ in the body. It also harms the health of smokers in general.



Each year, more women die from lung cancer than from breast cancer. Smoking also causes around 80% of deaths (or 8 out of 10) due to chronic obstructive pulmonary disease (COPD). Therefore, cigarette smoking increases the risk of death from all causes in men and women.

March 24

World Tuberculosis (TB) Day

WORLD
TB
TUBERCULOSIS
DAY

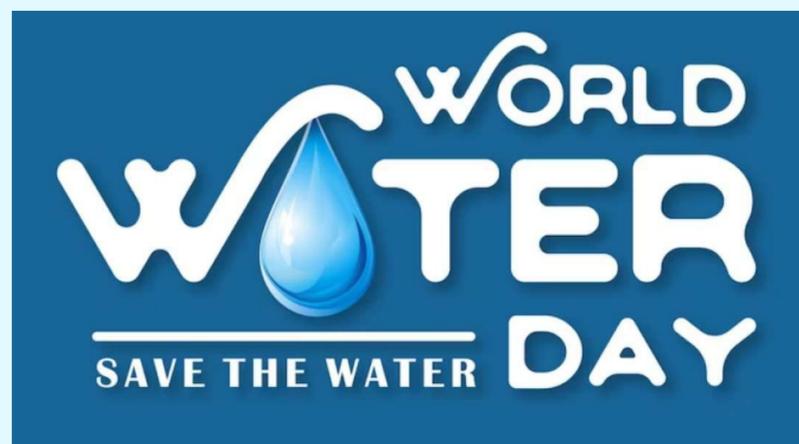


Popularly known as TB, Tuberculosis is a bacterial infection that causes inflammation of the lungs. It is one of the most deadly diseases that can result in death if not treated at the initial stage. The purpose of World Tuberculosis day is to spread awareness about the disease and take the necessary steps to put an end to the TB epidemic worldwide.

March 22

World Water Day

World Water Day is observed every year on 22nd March all over the world. It focuses attention on the importance of water and how to preserve it. As we know that water is essential for life, without water we can't survive. Up to 60% of the human adult body is water. All plants and animals need water to survive. If there was no water there would be no life on earth.



World Theatre Day

March 27

World Theatre Day raises the importance of theatre arts, how they played an important role in the field of entertainment and the changes that theatre brings to life. Message from renowned Theatre artists is given to reflect the theme of 'Theatre and a Culture of Peace'.

Maha Mrityunjaya Mantra

ॐ त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम्।
उर्वारुकमिव बन्धनान् मृत्योर्मुक्षीय मामृतात्॥

English Interpretation

I worship that fragrant Shiva of three eyes,
the one who nourishes all living entities.
May he help us sever our bondage with samsara
by making us realise that we are never separated
from our immortal nature.



नमस्ते नरसिंहाय प्रह्लादाह्लाद दायिने
हिरण्यकशिपोर्वक्षः शिला-टङ्क-नखालये
इतो नृसिंहः परतो नृसिंहो
यतो यतो यामि ततो नृसिंहः
बहिर्नृसिंहो हृदये नृसिंहो
नृसिंहमादिं शरणं प्रपद्ये



Meaning:

I bow to Lord Narasimha, who guarded Prahlad against the evil. I bow to Lord Narasimha, who killed stone-hearted Hiranyakashipu with his razor-sharp claws.

Lord Narasimha is omnipresent. He is here, he is there. He is inside and outside. I bow at the feet of Lord Narasimha, the protector of the good.

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
Forgive Us Our Debts
as We Forgive Our Debtors.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.





Thank
you

Thanks a million for
your unwavering
support.